

OCTOBER IS FREE IMMUNIZATION MONTH



Public Health
Prevent. Promote. Protect.

West Allis Health Department

The West Allis Health Department is offering FREE immunizations including flu shots during the month of October for WAWM School Age Students (Grades 4K-12) at the West Allis Health Department: 7120 West National Ave.

These FREE immunizations are:

- regardless of insurance (while supplies last).
- By appointment only.
- Parent/Guardian need to be present to sign consents.

*Call 414-302-8600 for an appointment!

There is also a Flu Shot Clinic that will be available for WAWM School Age Students on Tuesday, October 11th 2016 from 4 - 7pm at Nathan Hale High School, 11601 West Lincoln Avenue, in the cafeteria. These FREE immunizations are:

- Regardless of insurance (while supplies last).
- Parent/Guardian need to be present to sign consents.
- No appointment necessary.

*Please note the FluMist is not available.

S.E.L.

Social Emotional Learning



Currently we are learning about Academic Success in the 4K, Kindergarten, 1st, 2nd and 3rd grade classrooms. We are focusing on being good listeners, following directions and trying our best! In our 4th and 5th classrooms the students have just started writing poems about How They Want to be Remembered. They will then have the opportunity to enter their poem into a National Poetry Contest! Our year is off to a great start!

HELLO!

Hello, we are two of the new faces that you will see this year at Horace Mann. It is our job as part of the Student Services Team to help connect the school, home and community!

Lisa Sheedy sheedy1@wawmsd.org

Mrs. Sheedy is the School Social Worker, she has been in the WAWM district for 3 years. This year she is sharing her time between Horace Mann and Wilson. She will be at Horace Mann on Mondays, Wednesdays and Fridays.

What does a School Social Worker do?

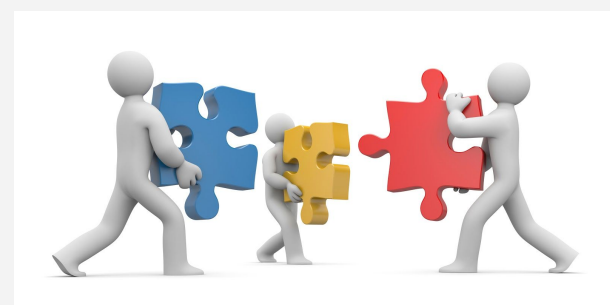
- Connect students and families with resources
- Provide support for students, families and staff
- Assist students and families experiencing different life events:
 - Mental Health Counseling
 - Grief and Loss
 - Trauma
 - Alcohol and drugs
- Work with students individually and in small groups

Haley Anderson andersonh@wawmsd.org

Mrs. Anderson is the School Counselor, this her second year in the WAWM district. Horace Mann is her home and she will be here Monday - Friday.

What does a School Counselor do?

- Teach SEL (Social Emotional Learning) lessons to all students.
- Group counseling
 - Friendship
 - Anger
 - Self-Esteem
 - Divorce
- Individual counseling
- Help students with goal setting and decision making
- Help students and families with transitions
 - Starting K4
 - Elementary School to Middle School



We are so excited to be at Horace Mann this year working with the students and families! Please feel free to contact us if you have any questions or concerns about your child. We can be reached at **414-604-3900 ext. 1858** or by email.

Parenting Resources

Everyone needs a little help now and then...we have all been there!



THE PARENTING NETWORK

If you find yourself in need of a little help and support try calling the Parent Helpline; they offer FREE, confidential phone counseling about any parenting issue, (414)671-0566.

The Parenting Network also has different parenting education and support programs as well as referrals to home visiting programs and community resources. To learn more check out their website: theparentingnetwork.org

They are available:

Monday - Thursday: 8:30am - 5:30pm

Friday: 8:30am - 5:00pm

*Experienced phone counselors respond on weekdays; 211 @ IMPACT staff respond after hours.

The Nurturing Program

Children don't come with instructions. All parents can use help when it comes to the complicated task of raising children.



This is a 10 week series serving WAWM parents and their children ages 5 - 11 years old. This is a FREE program and dinner is included. The purpose of the Nurturing Program is to strengthen families by improving communication, behavior, self-confidence, trust, and respect. During this time parents will have the opportunity to talk, listen, learn and have fun with other parents. Children learn family skills presented in a fun and active way. Families will have an opportunity to grow together!

For additional information or to schedule an enrollment interview please contact:

Laura Sage, Nurturing Coordinator

sagel@wawmsd.org

(414)604-4905



1205 South 70th Street,
West Allis, WI 53214
(1st Floor)
Phone 414-604-4900
Fax 414-256-6322

<http://www.wawmrec.com/>

Horace Mann Parent Night Series

We are looking to start a Parent Night Series at Horace Mann for our parents and families to provide presentations, information and resources on various topics.



Please go to the link below and let us know the topics you would be interested in hearing more about:

<https://goo.gl/forms/E8tnalvYSsR5jnGW2>

Thank you for your help and participation!

Looking for some family fun!?

Enjoy **FREE** admission to Milwaukee County attractions!

Complimentary admission to Milwaukee County Residents only with a valid photo ID on the following days:



Free the first Friday of every month

Free for all visitors!
Visit mam.org for additional information.



Thank You Thursday from 9:00 a.m - 8:00 p.m.

Free general admission to MPM on the first Thursday of every month.
Visit mpm.edu for additional information.



Free on Mondays from 9:00 a.m. - Noon

Excludes major holidays
Visit county.milwaukee.gov/HoursAdmissionMap10117.htm for additional information.



2016 Free Days

January 9, February 6, March 5, October 8, November 5 & December 3

Special Holidays Free Days

Thanksgiving Day, Christmas Day and New Year's Day
Visit milwaukeezoo.org for additional information.

